

February 28th | World Rare Disease Day

What you need to know to get rid of prejudice

THERE ARE MORE THAN 300 MILLION PEOPLE WORLDWIDE WHO LIVE WITH ONE OR MORE RARE DISEASES.

This number accounts for 3.5% to 5.9% of the world population.

CURRENTLY, ABOUT 6 THOUSAND DISEASES ARE CLASSIFIED AS RARE IN THE WORLD.

72%

of rare diseases are genetic and only 2% of those don't start in childhood.



The same disease can show different symptoms, because, in the case of rare diseases, they can vary from person to person.

What characterizes a disease as rare?

Difficulty in identifying the problem, controlling symptoms, or having a cure are some of the most common points among the diseases classified as rare.



In addition to this, they also involve other aspects:

- Damage to the patient's and patient's family's quality of life
- Loss of autonomy
- Degenerative processes
- Pain that is difficult to control

Examples of rare diseases

- Acromegaly
- Aplastic anemia and myelodysplasia
- Reactive arthritis
- Diabetes insipidus
- Crohn's disease
- Sickle cell disease
- Huntington's disease
- Amyotrophic lateral sclerosis
- Multiple sclerosis
- Ankylosing spondylitis
- Autoimmune hepatitis
- Chronic myeloid leukemia (adults)
- Chronic myeloid leukemia (children and adolescents)
- Systemic lupus erythematosus
- Cushing's syndrome
- Guillain-Barré syndrome

IF YOU KNOW SOMEONE WITH A RARE DISEASE, GIVE THEM YOUR SUPPORT.

Remember that a healthy and respectful debate on the matter is a big step towards ending prejudice.

